



GINGER SPICE HEALTH, LLC

## SELF-PAY RATES (2026)

### Insurance Involvement/Out-Of-Network



#### PAY-AS-YOU GO

Due right at the  
end of the visit  
using your credit  
card on file

 **\$145**



#### 3-VISIT PACKAGE

Due right at the end  
of the FIRST visit  
**BEST VALUE for 3  
visits**

**\$435**

 **\$415**



#### 5-VISIT PACKAGE

Due right at the end of  
the FIRST visit

**BONUS: Personalized  
recipe collection**

**BEST VALUE for 5 visits**

**\$725**


 **\$599**

**“ADD-ON VISIT” AFTER ANY BUNDLED OPTION- \$105**


Each appointment is 60-75 minutes long.

Package rates: Used within the next 4 months from the first visit; bundled visit payment is due right after your FIRST visit.

A valid credit/debit card on file is required. You may pay us using HSA/FSA cards also. Invoice will be provided.

 612-756-9894

 <https://www.gingerspicehealth.com/>

 [Priyanka@gingerspicehealth.com](mailto:Priyanka@gingerspicehealth.com)